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# Review of feeding, biting and resting behaviour of Aedes aegypti and Aedes albopictus

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#### Abstract

Aedes-borne diseases (ABDs) like chikungunya, dengue, yellow fever and zika are an emergent problem in the world. This review surveys the literature on the feeding, biting and resting habits of *Ae. aegypti* and *Ae. albopictus*, drawing attention to study findings to evaluate control interventions and highlighting knowledge gaps for future research and surveillance in this research field. There are great variations in the feeding, biting and resting behaviours of *Aedes* in different geographic areas and different seasons for which little is known. The observations made in this study conclude that there is a need for, proper verification of the ecology and behaviour of the concerned vectors, and more dedicated research which needs consideration of multiple factors in multiple geographic areas to assess behaviour of *Aedes* that influence at least one behavior of *Aedes*.

Keywords: Aedes, feeding, biting, resting, behaviours

#### Introduction

Mosquitoes (Diptera: Culicidae) are one of the most vital vectors of many diseases like yellow fever, dengue fever, chikungunya, zika fever, malaria and filaria for vertebrates <sup>[1]</sup>. Now a days Aedes borne diseases (ABDs) like chikungunya, dengue, yellow fever and zika are progressively becoming a global concern<sup>[2]</sup>. Dengue is the most widespread Aedes borne viral disease worldwide <sup>[3]</sup>. Dengue cases have increased about eightfold over the last two decades, reported by the World Health Organization (WHO)<sup>[4]</sup>. It was estimated that each year, around 50 million cases of dengue are recorded, with around 2.5 billion individuals live in countries where dengue is endemic <sup>[5]</sup>. Dengue is spread by several species of female Aedes mosquitoes. Ae. albopictus (Skuse, 1894) alone has been confirmed to be the prime vector in some of the recorded dengue outbreaks <sup>[6]</sup>. But Aedes aegypti (L.), the main carrier of the dengue virus (DENV), is found abundantly in tropical and subtropical regions of the world <sup>[7]</sup>. It is highly adapted to urban areas and completes its life-cycle in and around the human settlement, primarily feeding on humans <sup>[3]</sup>. Aedes albopictus otherwise known as the Asian Tiger mosquito, is responsible for the worldwide emergence and spread of chikungunya [8] and is potentially responsible for Zika in different parts of the world <sup>[9]</sup>. The population density of Aedes albopictus is more in rural and suburban areas <sup>[10, 11]</sup> and it has adapted to humaninduced alterations in its surroundings, usually by preferring to feed on humans and domestic animals <sup>[12]</sup>. Aedes albopictus, an invasive mosquito species, has its origins in the tropical forest of South-east Asia [13, 14] and has spread to tropical and subtropical regions of America, Africa and Europe in the last three decades <sup>[15]</sup>. Primarily a sylvatic species, Ae. albopictus poses a significant public health concern due to its ability to transmit various arboviruses, potentially surpassing that of Ae. aegypt <sup>[16]</sup>. Ae. albopictus shows aggressive anthropophilic behaviour and great adaptability in different habitats <sup>[17, 18]</sup>. It breeds in tree holes, coconut shell, artificial containers, axils of leaves, discarded tyres, etc. Aedes aegypti, is known for its daytime biting behavior and is normally found in close proximity to human habitations, making it a primary vector in urban areas <sup>[19]</sup>. Ae. aegypti, exhibits at least two different variants (Ae. aegypti formosus (Walker) (Aaf) and Aedes aegypti aegypti (L.) (Aaa) <sup>[20]</sup>.

The primitive variant of *Aaf* is unknown, but it is found in many areas both forests and urban area <sup>[21, 22]</sup>, has a minor role in transmitting human disease <sup>[23–25]</sup>. But in West Africa *Aaf* are considered as competent vectors of flaviviruses <sup>[26, 27]</sup> and also homologues type to *Aaa* commonly utilizes human-made containers as breeding sites for their larvae <sup>[28, 29]</sup>.

The most common and familiar Aedes mosquitoes are Aaa<sup>[02]</sup>. In the twenty-first century, Aaa has emerged as a persistent pest in urban regions across the tropics and sub-tropics regions of the world <sup>[20]</sup>. The synanthropic behavior would have developed in Aaa when they expanded their range from Africa through human movements, frequently undertaking long-distance journeys [30, 31]. Rapid urbanization and infrastructure development may be the cause of alternation in land use pattern brings close contact of both humans and sylvatic vertebrate reservoirs, is one of the main causes of increasing of Aedes borne diseases ABDs [7]. Additionally, it generates numerous aquatic breeding sites suitable for the two primary arboviral vector species, Aedes aegypti and Aedes albopictus <sup>[32]</sup>, meanwhile increased intercontinental merchandise and the expansion facilitates the dispersion of mosquitoes beyond their original lands <sup>[33]</sup>.

In India, *Ae. aegypti* stands out as the most competitive primary vector for the outbreak of epidemics of Dengue and Chikungunya while *Ae. albopictus* and *Ae. vittatus* serves as another potential vector for these diseases. *Ae. aegypti*, with an anthropophilic index, is an urban vector in India. The population densities of *Ae. aegypti* fluctuates with rainfall and water storage habits of man. Like *Aedes albopictus*, this species also breeds in various natural and artificial containers, including tree holes, pots, discarded tyres, plastic containers, open tanks, air coolers, etc. Because of poor solid waste management in many urban areas, stagnant water bodies provide congenial breeding sites for the vectors.

Abiotic environmental factors such as temperature, humidity, and precipitation have also influenced the dispersion of Aedes mosquitoes and their patterns of disease transmission<sup>[34]</sup>. The environmental temperature influences the physiology, behavior, ecology and survival of the insects because they are poikilotherms <sup>[35]</sup>. Global warming is also responsible for the changing of behavior of Aedes in different parts of the world. Consequently, arboviral diseases emerge and re-emerge. It has become a global concern and a threat to human health <sup>[36]</sup>. We can say Eco-physiological differences are developed in between Ae. aegypti and Ae. albopictus because of differences in thermal niches. This creates a different distribution pattern and disease transmission risk, at present and in the future <sup>[37,</sup> <sup>38]</sup>. The viruses usually circulate among wild animals, but can sometimes be transmitted to humans, leading to epidemics <sup>[39]</sup>. Vector control is the primary method for preventing, controlling and managing arboviruses due to the lack of specific treatments and effective vaccines, with the exception of yellow fever <sup>[40]</sup>. The successful completion of the infection cycle requires the coexistence, and interaction, in space and time between the host and reservoir, the vector and the pathogen. Usually, Aedes tend to move outdoors in the afternoon, possibly in search of oviposition sites. Oviposition reaches its peak in the late afternoon to early evening <sup>[41]</sup>. The interaction between host and reservoir is vital for the vector to transmit the pathogen and subsequently infect another host. Apart from influencing pathogen transmission, the choice of host can also impact egg production, consequently affecting vector abundance <sup>[42]</sup>. It is the right time to implement vector

control strategies to combat *Aedes* mosquitoes and prevent the emergence of ABDs as well as to explore the behavior of adult *Aedes* is important to take for other research; will be helpful to make the vector control strategies.

# 2. Research approach

Anthropogenic climate change-related increases in global temperatures have also been a positive factor for *Aedes* expansion <sup>[43]</sup>. During the same timeframe, chikungunya emerged and spread globally <sup>[44]</sup>, all four dengue serotypes spread globally <sup>[45]</sup>, and the Zika pandemic, along with the public health emergency of 2016, occurred <sup>[46]</sup>. Dengue currently threatens over half of the world's population. Yellow fever, responsible for 30,000 deaths yearly and potentially more if one of the urban outbreaks threatening Africa and Brazil<sup>[47, 48]</sup> materialises, is mostly spread by Aedes aegypti aegypti, a key urban vector. In the modern era, Aaa has also spread to temperate regions [49-52], and tiny sporadic populations have been discovered as far north as Canada <sup>[53]</sup> and Germany <sup>[54]</sup>. Aedes aegypti adult mosquitoes are more prevalent in Africa aligns with their adaptation to the domestic environment, as their abundance exhibits a positive correlation with increasing urbanization<sup>[21,</sup> <sup>55-59]</sup>. It may not have been possible to stop the global spread of Aaa borne arboviruses, but human society as a whole has a major portion of the blame for this threat to public health. The three causes that Gubler first identified in 2011urbanisation, travel, and insufficient vector control-now include anthropogenic climate change [32, 60]. It is difficult to control this vector's population and spread. It cannot be eradicated unless there are substantial adjustments made to the patterns of growing urbanisation, migration patterns, and the rate of human-caused climate change.

Aedes mosquitoes and their propagation was the subject of repeated unresolved issues in several study publications that were examined. The need for study has to be recognised urgently since arboviral epidemics are out of control and have killed thousands of people. In order to dispute it, accurate confirmation of the vectors' behaviours, ecology, and breeding characteristics is needed. In an effort to fill in knowledge gaps and solve this problem, we reviewed the literature on adult *Aedes* mosquito behaviour, focusing on two important species: *Aedes albopictus* and *Aedes aegypti*. The feeding, biting, and resting behaviours of *Ae. aegypti* and *Ae. albopictus* has been extensively studied in the scientific literature. Results from the research are highlighted to evaluate control efforts and to identify areas that require further investigation and monitoring in this area.

# 3. Materials and Methods

We carried out an in-depth search for peer-reviewed studies that look into the eating, biting, and resting behaviours of *Aedes aegypti* and *Aedes albopictus*. The objective of this investigation was to compile extensive data on these features of the two mosquito species. We used the terms *Aedes aegypti* and *Aedes albopictus* along with keywords like biology, bionomics, behaviour, breeding/larval sites, biting, hostseeking, blood feeding, and resting to search the PubMed database and Google for our literature review <sup>[20]</sup>. The goal of this extensive search was to find appropriate information on a range of topics related to the biology and behaviour of these mosquito species. We chose papers, articles, and reviews in English that provided the most comprehensive information on the subjects about the behaviour of Aedes aegypti and Aedes albopictus from the huge body of literature that is accessible on these species. This strategy ensured that significant study findings were reviewed with attention. We used the references listed in the chosen articles as a means of tracking down and looking for the sources of particular data. This enabled us to cross-validate widely acknowledged but not supported by evidence facts. A total of 156 papers about the feeding, biting, and resting behaviours of Aedes aegypti and Aedes albopictus were selected using a systematic search. The evaluation procedure included these articles for more examination. 130 articles remained for full-text assessment after being eliminated based on (i) language criteria and (ii) title and abstract inspection [02]. 65 research articles fulfilled the inclusion criteria after a careful evaluation of the full-text articles with the exclusion and inclusion criteria. The final review was conducted based on these 65 publications, which ensured a thorough examination of relevant studies on the behaviour of Aedes aegypti and Aedes albopictus.

#### 4. Binomics of Aedes

#### **4.1 Feeding Preference**

The feeding behaviour of mosquitoes is unique. Only the adult female mosquitoes bite human and other animals, while the male mosquitoes feed on plant juices. But other studies reported females feed on nectar [61] and in Puerto Rico [62], there are reports of using human blood as a source of energy, supplemented by feeding sugar to restore energy reserves when hosts are not available. This practice is documented in various sources [63, 64]. Some species of female mosquitoes prefer to feed only on one type of animal, while others feed on a variety of animals, including domesticated animals, birds, and wild animals. Every female mosquito must have to feed on animals to get a sufficient blood meal before it develops eggs. If the blood meal is insufficient, the female dies without laying viable eggs. In outdoor-resting females showed that Ae. albopictus preferentially fed on humans rather than on available domestic animals <sup>[65]</sup>. The host feeding pattern of a mosquito population refers to the distribution of different hosts at a specified time and place. Numerous factors, including both inherent mosquito species features and external environmental conditions, can modify this pattern <sup>[66]</sup>. The tendency to feed more frequently on a specific host or group of hosts in relation to their availability in the environment is known as host preference. This choice can differ amongst mosquito populations and is also influenced by a number of factors, including the availability of hosts and the traits of the mosquito species. It is determining genetically, is also an intrinsic factor <sup>[67]</sup>. In a variety of settings, female mosquitoes use their senses to accurately identify their hosts; however, they prioritise smell above taste and eyesight [41]. This significance on scent shows how important odour detection is to mosquitoes' host-seeking activities in a variety of environments. Kairomones are substances that cause a favourable behavioural or physiological reaction in the recipient while being harmful to the donor or emitter. These materials effectively communicate a response in mosquitoes. These compounds are essential in directing mosquito behaviour towards appropriate hosts or breeding grounds. Breath, skin secretions, microbial degradation products, urine, and faeces on the skin are a few of these volatile substances that function as host cues [68]. Because they signal the presence of suitable feeding spots, these cues are essential in

guiding mosquitoes towards potential hosts. Some mosquito species are considered specialist displaying proficient feeding habits, while others specialise in feeding on specific hosts of their preference. A number of investigations have been conducted in this context to predict the best feeding resource choices that organisms should make in order to optimise their fitness. Host specialisation becomes predictable when the organism often encounters favourable host species and obtains energy from a restricted number of resources <sup>[69]</sup>. This expectation arises from the possibility that organisms modify their feeding habits to take advantage of plentiful and highly energetic resources. There is a trade-off between waiting for the best host and dying before reaching it in locations where the possibility of coming across hosts is minimal. In this scenario, a marginal difference in energy gained favours generalise [69, 70]. In contrast to species with narrow host ranges that are greatly impacted by host distribution, mosquito species with broad host preferences are less affected by the distribution of particular hosts. This variation highlights how different mosquito species are in terms of adaptation and dependence on host availability <sup>[71]</sup>. Not only various mosquito species and but also populations exhibit variations in blood-feeding behaviour, but within individual populations as well. The variety of choices brings attention to the complicated relationships among factors that affect mosquito communities' feeding preferences. There are geographical and temporal changes in blood-feeding behaviour, which can be related to both innate qualities and environmental factors. The intricate interactions between internal and external elements that influence mosquito feeding behaviour, which can change with time and space, are made clear by these patterns. Mosquitoes are influenced by genetics or innate tendencies to favour the same host as their ancestors. In addition to flight ability, feeding preferences are also influenced by nutritional state; undernourished mosquitoes are more inclined to feed on non-preferred hosts. Mosquitoes also differ in terms of behavioural characteristics that influence feeding patterns, such as frequency, time, and location of feeding [42, 69, 72]. This behaviour is also influenced by secretions from male accessory glands, which makes mated females more inhibited than unmated ones in their search for hosts following a large blood meal. These secretions influence the behaviour of female mosquitoes after feeding and help to shape their feeding habits <sup>[73, 74]</sup>. Mosquito behaviour is influenced by a variety of external factors, including host availability, abundance, defence strategies, emitted chemicals, climatic conditions, and habitat features. Mosquitoes' overall feeding habits are influenced by these external factors, which also determine when and where they feed [42, 75, 76]. Numerous mosquito species have a flexible host preference, which means they change their selection in situations where their preferential hosts are not accessible or when their energy stores are low because of reduced reaction levels. In addition to preventing mosquitoes from leaving their habitat, unfavourable weather patterns can also affect the choice of hosts that they bite. Takken and Verhulst (2013) investigated this observation, pointing out how adaptable mosquitoes are to their surroundings <sup>[41]</sup>. A large number of *Culex* species favour feeding on birds in the spring and summer. But as bird populations decline, they migrate to new hosts, such as human <sup>[77, 78]</sup>. This shift in preference demonstrates how these mosquitoes may adjust to changing host availability over the year. This suggests that whereas some species might have

unique preferences that suit them well in their environment, others may be able to adapt to feed on hosts that are found in many places. Certain types of mosquitoes can search for blood in a range of habitats and from a variety of hosts. In dire circumstances, a mosquito's willingness to feed on blood might be determined by the availability of hosts. Mosquito feeding behaviour is greatly influenced by host availability, which determines whether or not they will seek blood meals. Species of mosquitoes that can lay eggs without a blood meal usually inhabit areas where there are few hosts <sup>[69, 79]</sup>. The adaption allows them to reproduce even when host are hard to find.



Fig 1: Understanding of feeding preference of Aedes

From these studies, we summarise the feeding preference behaviour of *Aedes* in the flow chart (Figure 1). This helps us understand this important behaviour. In this study, several control strategies may be developed to prevent ABDs. If a preferred host is available (other than a human), there may be a reduction in the biting of *Aedes*, which means a decline in disease transmission.

Blood feeding habits of mosquitoes have a great impact on pathogen transmission and transmission of mosquitoes. Pathogens that depend on a single host are less likely to be spread by a mosquito species that consumes a variety of hosts. On the other hand, mosquitoes that have particular eating patterns are more likely to spread diseases that are unique to their host. By moving diseases from reservoir hosts to other vulnerable hosts, generalist feeders are essential in the spread of zoonotic illnesses <sup>[71]</sup>. They serve as bridge vectors, allowing illnesses to move between other species. This emphasises how important they are to the epidemiology of zoonotic diseases. The capacity of various hosts to contract and transfer diseases to vectors varies, and the presence of several hosts may provide a dilution effect. The variety of hosts in these conditions can lower the total risk of disease transmission to vectors. This suggests that fewer skilled hosts reduce the likelihood that highly skilled hosts would contract the infection, thereby reducing the risk to humans <sup>[68]</sup>. Low competent hosts therefore serve as a preventive measure, lowering the total risk of human infections.

#### 4.2 Feeding and Biting Behaviour

The adult *Aedes* is day biting mosquitoes, exhibiting both endophilic and exophilic feeding behavior during the early or late hours of the day <sup>[80]</sup>. They often bite and rest outdoors before and after feeding <sup>[81]</sup>. In the dry or wet seasons, most of the mosquitoes bite outdoors. *Aedes* species are often found biting outdoors in larger numbers than indoors <sup>[81, 82]</sup>. It usually prefers to feed on human, but it can also bite animals like dogs and cattle. Only female *Aedes* bite for completing their oviposition behaviour in order to lay eggs. It bites all day long in general, but it varies in its feeding and biting behaviours depending on the time of day, location, and season.

Ae. aegypti shows bimodal biting behavior in Western Africa <sup>[83, 84]</sup>, with a smaller peak in the morning and a larger peak at sunset [80, 85, 86, 87]. Feeding behavior of A. aegypti also showed bimodal pattern, some studies in this context also reveal that Ae. Aegypti feed mostly at night [87, 88, 89, 90]. They added that during the dry season, mosquitoes bite more frequently at night, presumably because the lower temperatures during that time of day enable them to fly and eat faster. Nonetheless, there is still uncertainty about mosquito biting behaviour globally. In the afternoon and outside, the risk of being bitten by an Aedes aegypti mosquito was highest. In the afternoon, they are more prone to bite [91]. Arboviral infections could result from this with great danger. Similar research conducted in Kenya [92, 93] Trinidad [94], Malaysia [95], and Brazil [96] revealed that year-round, there were more adult Aedes aegypti mosquitoes outdoors than indoors. The majority of humanvector contact happens in the afternoon, according to multiple studies that found that more *Aedes aegypti* mosquitoes were captured during this time than in the morning. This observation conflicts with the findings of Strauss *et al.*'s study <sup>[97]</sup>, which revealed no distinct variation in mosquito feeding hours, but it is consistent with the findings of Gouck and Smith's <sup>[98]</sup> trials. Furthermore, the majority of adult *Aedes aegypti* mosquitoes were recorded outside and in the afternoon in Benin's north <sup>[91]</sup>.

Ae. albopictus feeds mostly during the day, reaching a notable peak in the late afternoon, which is coinside with typical walking hours <sup>[99, 100]</sup>. These afternoon feeding surges are not as prominent as the morning ones. Ae. albopictus has been observed biting in urban residential areas through day, with the hours of early morning and late afternoon to evening being the peak biting times. In urban residential areas, Ae. albopictus biting activity decreased from nightfall to dawn. The biting activity of Ae. albopictus was constant throughout the day, peaking in the late afternoon and early evening. From late evening until the next morning, there was a decrease in biting activity <sup>[100]</sup>. According to Margues and Gomes <sup>[101]</sup>, Ae. albopictus bites more often during the day, peaking in activity at particular times of the day. It was observed to be peak between 16:00 to 17:00. Moreover, residential areas rich in bushes and other vegetation provide Ae. albopictus with perfect places to relax. According to Koehler and Castner<sup>[102]</sup>, Ae. albopictus favours shady spots on shrubs that are near the ground. Because it gives Ae. albopictus resting places and nectar supplies for feeding on sugar, vegetation is crucial <sup>[103,</sup> <sup>104]</sup>. Que *et al.* <sup>[105]</sup>, state that vegetation has a major impact on the existence of Ae. albopictus. Consequently, Aedes' habit of resting on the plants next to the sampling site may be the cause of the declined biting activity of Aedes from late night to early morning. More recently, it was observed that nocturnal light stimulates Ae. aegypti blood feeding habits. It shows that artificial light may be a positive factor in increasing the risk of arboviral diseases transmitted by the biting of the vector, and thus would be an important vital epidemiological importance in understanding the risk of disease transmission <sup>[106]</sup>. So we have to consider artificial light (light pollution) as one of the important extrinsic factors that regulate the transmission of Aedes in metropolitan cities where light pollution is common. Research data on the effect of artificial light on biology of Aedes are very limited to date, so all vector biologists should think and survey on it, to generate conclusive data from different parts of the world to make appropriate strategies to control of Aedes mosquito.



Fig 2: Understanding of feeding and biting behavior of Aedes aegypti



Fig 3: Understanding of feeding and biting behavior of Aedes albopictus

Here it is observed that *Aedes aegypti* has different feeding and biting activity hours (morning and afternoon). But it also has some exceptions, as shown in Figure 2. Whereas *Aedes albopictus* is active throughout the day, it is confirmed by so many workers that the feeding and biting behaviour of this species alters more according to artificial and natural environmental conditions as compared to *Aedes aegypti*, as shown in Figure 3. To date, we know little about the feeding and biting behaviour of *Aedes albopictus* as compared to *Aedes aegypti*. Both are day-biting mosquitoes but have different peaks for biting. In this context, some questions are unanswered regarding the feeding and biting behaviour of *Aedes*. It needs more investigation around the world in different topographical areas.

#### 4.3 Resting behavior

Ae. aegypti is generally thought to be extremely attracted to humans and prefer to feed and rest indoors in many regions of the world <sup>[107–110]</sup>. But according to other investigations, they might also take a rest outside in dim, shaded places close to its breeding grounds [111]. Aedes aegypti is called an endophilic species that rests nearly solely on internal human habitations <sup>[112,113]</sup>. They can be seen resting outside in discarded tyres and bricks, which serve as breeding grounds. As a result, it's critical to take into account bricks and old tyres as possible Ae. aegypti breeding grounds and resting places <sup>[40]</sup>. The study conducted by Manzanilla F et al. [112] found that bedrooms, living rooms, bathrooms, and kitchens were Ae. aegypti's main resting places. Furthermore, a considerable proportion of adult Ae. aegypti were seen to be resting below 1.5 metres in height, with over 80% of them doing so. Over 90% of all specimens of Ae. aegypti collected were shown to have rested indoors, particularly on hanging objects, in a prior study conducted in Thailand [114]. Research in Panama, where homes are more confined and constructed of concrete than raised, timber dwellings in Thailand, showed that Ae. aegypti perches on items as well as walls. A significant proportion of mature mosquitoes, between 57% and 64%, were discovered to be at rest below one metre, mostly indoors in bedrooms, on materials including cloth, wood and cement [115]. Data from Iquitos, Peru, showed similar evidence of mosquitoes resting at low altitudes <sup>[115]</sup>. In addition, mosquito resting preferences are influenced by a variety of fabric variables, including weave, thread count, size, and visual qualities. This pattern of behaviour is also confirmed by observational investigations conducted in Thai experimental huts <sup>[116]</sup>. In Panama City, the resting habits of adult Aedes aegypti were examined, both sexes were mostly found in bedrooms, living rooms, and bathrooms, where the majority of Ae. aegypti rested away from the street [109]. This study discovered several features of the resting behaviour of Ae. aegypti and related environmental influences <sup>[109]</sup>. It has been discovered that female Ae. aegypti mosquitoes prefer to repose at moderate heights in bathrooms and bedrooms. Though less frequently in bathrooms, similar patterns were noted in Trinidad, Mexico, and Panama, where female Ae. aegypti was mostly found resting in bedrooms [117]. But resting preference of Aedes inside the house was affected by several factors. The house construction plans are different worldwide, so general theory may not be applicable. In the study of Bhattacharya et al.; more number of Aedes mosquitoes was collected in huts than in both concrete houses and multi-storey buildings [118]. Lower elevations usually have less light and airflow than areas close to the ceiling, which are frequently lit by light bulbs. Furthermore, ceiling fans might prevent mosquitoes from resting. Lower portions are frequently furnished with hanging items, clothing, towels, and furniture, which creates dark, protected spaces that are perfect for digestion and rest [113]. Mosquitoes often perch on hanging things or are drawn to old clothing that smells like people [114]. In Aedes mosquitoes, the intrinsic variables controlling cyclical oviposition are primarily regulated by the length of light. In Aedes mosquitoes, physiological mechanisms controlling cyclical oviposition are significantly influenced by light duration <sup>[119]</sup>. Considering that living rooms are usually the ones closest to the outside, this could help to explain why there seems to be a concentration of Ae. aegypti there in the afternoons. Living rooms may have a higher concentration of Ae. aegypti in the afternoon because of their close closeness to the outside world. Aedes species are anthropophagite in nature that is they feed mostly in the dark. They show indooroutdoor resting behaviour, especially in stationary places like in the furniture of the rooms, utensils in the kitchen, and

clothing. *Aedes agypti* exhibits a known preference for the subject with the least view and areas out of the open areas with milky light internal sites mostly, white colour was avoided, and dark-colored objects were preferred by *Aedes* [120, 121].

From the critical study, we conclude that there is no significant principle about the resting behaviour of Aedes aegypti, but it can take rest both indoors and outdoors, depending on the indoor and outdoor conditions as well as the environmental conditions. Indoor resting sites are bedrooms, living rooms, bathrooms, kitchens, and so on, where human smell (bedding room and living room) and humidity and dim lighting (bathroom and kitchen) drive these species to particular sites to hide themselves. In an indoor resting condition, they prefer several objects to sit on, like hanging clothes, the back side of a bed, or furniture. Sometimes they may have an intrinsic tendency to choose the type or colour of wall on which they may rest. The outdoor resting site is composed of some artificial containers and natural watercontaining containers near its breeding sites. Usually, maximum Aedes were recorded and found resting at lower heights from the ground. To date, very scanty data is available regarding the resting behaviour of Aedes albopictus. It shows we have less information regarding the resting behaviours of these two mosquito species. It needs intensive investigation into the resting behaviours of Aedes.

## 5. Conclusion

From this review, it is clear that there are great variations in the feeding, biting and resting behaviours of Aedes in different geographic areas and different seasons for which little is known. There is either a lack of proper research methodologies, authentic data from different geographic areas, or proper verification of data in bona fide publishing. Here we also feel that most of the data available is from Africa and very less and old data from other continents of the world. Feeding, biting and resting behaviors of Aedes are regulated by several ecological factors, local surroundings like colour of background, intensity and colour of light, types of hosts, types of vectors, duration of day and night and so on. The observations made in this study conclude that there is a need for, proper verification of the ecology and behaviour of the concerned vectors, and more dedicated research which needs consideration of multiple factors in multiple geographic areas to assess behaviour of Aedes that influence at least one behavior of Aedes. More research is needed to determine whether Aedes mosquitoes prefer to feed indoors or outside. To fully understand Aedes mosquitoes' preference for indoor or outside feeding, more research is required.

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